

Specialized Clinical Services

Your needs and the needs of your employees are unique and changing. In today's world of complex regulations and increased health risks, a "one size fits all" approach to occupational health is not sufficient. What you need is a flexible, responsive occupational health expert like Federal Occupational Health (FOH) to work in partnership with you to assess your needs and design a customized program, selecting from a broad menu of specialized services, including:

Medical Surveillance and Clearance Examinations

FOH medical surveillance programs are on-going systematic assessments of those employees exposed to occupational hazards such as noise, asbestos, or toxic chemicals. Through exposure histories, physical exams, targeted screening tests, and biological monitoring, our medical surveillance services help to reduce and prevent occupational illnesses and injuries and to ensure that your agency complies with OSHA regulations. In addition to medical surveillance services, our professionals also perform clearance evaluations for exercise participation, respirator use, diver clearances and firearms use clearances for law enforcement officers.

Hearing Conservation Programs

As a subset of broader medical surveillance programs, FOH can provide Hearing Conservation Programs to assist in mitigating the affects of noise in the workplace. FOH can provide any of the key elements in a comprehensive hearing program including environmental noise assessment, employee training, fitting of hearing protective devices, audiometric testing, individual test interpretation, and report summaries to agencies.

Fitness For Duty and Medical Employability

FOH offers a number of services to assist agencies when there are concerns related to the safety of individuals as they perform their jobs. FOH provides fitness for duty examinations to determine employability as it relates to the essential functions of the employee's position. When indicated, FOH can provide psychological evaluations that will help in dealing with job performance or violence in the workplace concerns.

Database Management

FOH collects, analyzes and reports agency medical data to facilitate the management of the numerous health related requirements. Medical determinations, placement decisions, vaccination status, and test results are just a few examples of the types of data that FOH culls and synthesizes into meaningful reports so agencies can manage their programs effectively. All records are maintained according to Privacy Act standards.

Law Enforcement Programs

FOH designs and implements programs to meet the special needs of Federal agencies with law enforcement divisions including development of mandatory physical requirements, periodic clearance exams, medical reviews, quality assurance programs, and database management.

Cancer Screenings

Using state-of-the-art technology and U.S. Public Health Service guidelines, we can screen your employees for breast, colon, prostate and other cancers and refer those with abnormalities to the appropriate community resources.

HealthyFocus4You

FOH offers a web-based health information program to help employees learn more about health questions, as well as participate in health assessment tools that identify risk for heart disease, diabetes, and cancer along with individualized recommendations to reduce these risks and improve health outcomes.

Wellness/Fitness Programs

Our certified staff assess your agency population's needs to determine fitness center requirements, recommend type and quantity of equipment needed, manage in-house fitness centers, perform fitness screenings, and provide exercise planning and instruction. Our staff can also develop fitness programs where on-site centers are not viable options.

Immunizations

Either on-site or at our health centers, FOH provides a wide variety of immunizations, including those for hepatitis A and B, influenza, tetanus, and pneumonia, and for government travel abroad.

Automated External Defibrillators

FOH offers Medical Director Oversight, program development, procurement and training for CPR certification and AED use.

Smoking Cessation Programs

FOH provides a variety of smoking cessation programs to assist agencies in addressing this serious public health concern. Programs are customized to meet agency needs.

Ergonomic Services

Our trained ergonomic specialists offer a broad scope of services, including on-site and online interactive training programs and individual and group ergonomic workstation assessments, which can help prevent musculoskeletal disorders and other common work-related injuries such as carpal tunnel syndrome.

For over half a century, FOH has delivered high quality occupational health services to Federal managers. FOH's knowledge of the Federal workplace, combined with strategic partnerships with professional health, environmental and safety organizations, enables FOH to help other Federal organizations maintain a safe and healthy workplace. FOH has created a team of professionals that is unparalleled in its ability to work within the Federal structure, yet remains as flexible and innovative as any private sector provider.

Through convenient interagency agreements, FOH's Clinical Services, Wellness/Fitness Programs, Environmental Health Services, and Employee Assistance and Work/Life Programs can provide your agency with a comprehensive occupational health program that saves you time and money. Our ability to customize services enables you to integrate components of our services with existing programs, enhancing their impact and ensuring that your agency meets its obligation to provide a safe and healthy workplace.

Make Federal Occupational Health your partner in building a healthier, more productive work force. For more information, please visit us at www.foh.dhhs.gov or call us today at **1-800-457-9808**.

Because you need a healthy work force. And we can help you build one.

healthy bodies ❖ *sound minds* ❖ *a safe place to work*